

LUNCH MENU

BIG SALADS

Energy Salad	70
Cajun Chicken, Feta, Avocado, Black Beans, Dates, Corn, Peppers, Tomatoes, Pumpkin Seeds, Low-fat Honey Lime Dressing, Tortilla Sticks	
Tex-Mex Protein Bowl	
Greens, Guacamole, Seeds, Queso Fresco, Chipotle Sauce, Pico de Gallo Salsa, Lime Vinaigrette	
Choice of:	
Pollo al Carbon (Chipotle Chicken)	74
Cajun Prawns	90
Braised NZ Beef Shortrib	90
Grilled Salmon	90
Char-grilled Chicken Caesar Salad	62
Lemon Herb Grilled Chicken, Classic Caesar, Parmesan, Turkey Bacon, Whole Grain Croutons	
Zen Bowl	70
Quinoa, Lentils, Spiced Chickpeas, Edamame, Roasted Squash, Broccoli, Slaw, Avocado & Coconut Dressing	
Goodness Bowl	70
Freekah, Buckwheat, Grilled Halloumi, Nuts & Seeds, Roasted Cauliflower, Red Onion, Pumpkin, Eggplant & Carrots, Super Greens, Detox Turmeric Dressing	
Super Greens with Beetroot & Apple	48
Kale, Spinach & Rocket with Raw Beetroot, Roasted Almonds, Pumpkin Seeds & Fresh Herbs	
Add on:	
Grilled Chicken Breast	21
Grilled Prawns	32
Grilled Salmon Fillet	37

CHEF SELECTION

Please ask your server

Soup of the Day	45
Served with Fresh Baked Bread	
Pie of the Day	80
Served with Fries or Mixed Greens	

SIDES

Truffle & Parmesan Fries	37
Roasted Garlic & Parmesan Dip	
Leek & Gruyere Potato Croquettes	27
Chimichurri Sauce	
Grilled Asparagus & Green Beans	27
Lemon, Herb, Shallot Butter	
Roasted Vegetables	27
Seasonal Veg, Herb Butter	
Creamy Mash Potatoes	27
Organic Olive Oil Drizzle	
Side of Greens	27
Super Greens, Green Apple, Seeds, Beetroot, Pomegranate Dressing	
Sweet Potato Fries	37
Chipotle Mayo Dip	

BURGERS / SANDWICHES

Served with Fries or Side Salad

Wagyu Sliders	100
Two Wagyu Patties, Smoked Provolone, Crispy Veal Bacon, Lettuce, Tomato, House Burger Sauce, Toasted Brioche	
Add on:	
Seared Foie Gras	37
Truffled Sautéed Mushrooms	16
Caramelized Onions	8
Tomato Chutney	8
Salmon Fillet Burger with Mango Lime Salsa	83
Coriander Mayo, Lettuce, Red Onion, Tomato, Toasted Spring Onion Ciabatta	
Cajun Chicken & Cheddar Burger	69
Cajun Chicken Breast, Turkey Bacon, Aged Cheddar, Lettuce, Tomato, Sliced Red Onion, Chipotle Mayo, Toasted Potato Bun	
Twisted Clubhouse Sandwich	72
Crispy Beef Bresaola, Lemon Herb Grilled Chicken, Oven Roasted Tomato, Smashed Avocado, Rocket, Black Pepper Mayo, Toasted Artisan Sourdough	
Ginger Wasabi Tuna Baguette	61
Cucumber Ribbons, Pickled Onions, Rocket, Pickled Ginger Mayo	
Steak Sandwich	83
Grilled Sirloin, Horseradish Bacon Mayo, Pickled Beetroot, Caramelized Onions, Greens, Our own Soft Roll	
Chicken Parm Sandwich	72
Breaded Chicken, Fresh Melted Mozzarella, Marinara, Chimichurri, Toasted Garlic Bread	
The Mushroom Melt	61
Sautéed Garlic Herb Mushrooms, Mozzarella, Parmesan, Brie, Caramelized Onions, Country Bread	

MAINS

Preserved Lemon & Olive Spatchcock Chicken	116
Roasted Cauliflower Mash, Harissa Sauce, Char-grilled Asparagus	
Grilled Rib-eye Steak with Gruyere & Leek Potato Croquette	170
Coal-roasted Red Pepper Sauce, Pan-seared Mushrooms, Chimichurri	
Butterfly Prawn Ravioli	100
Sautéed Fresh Prawns, Spinach Ravioli, Tomato Basil Crème Sauce	
Pan Seared Sea Bass with Puy Lentils & Smoky Bacon	116
Lemon Butter Sauce, Mirepoix, Crispy Basil	
Thai Linguine Pasta with Lemongrass & Chilies	90
Oven Roasted Cherry Tomato, Mushrooms, Asparagus, Lime Leaves, Fresh Coconut	
Fresh Red Snapper Fish & Chips	100
Lightly Battered Fresh Snapper, Chunky Chips, Date & Lime Slaw, House Tartar	
Posh Chili Cheese Fries	90
Wagyu Chili Con Carne, Fries, Aged Cheddar, Sour Cream Chive Dip	